

## LA ROCHE-POSAY RESEARCH GRANTS 2025 WHAT MAKES A GOOD APPLICATION



### ➤ What type of Project do the La Roche-Posay Grants support?

Since 1995, la Roche-Posay is committed to supporting research by encouraging a [better understanding](#) of skin conditions and driving research towards [life-changing dermatology](#) and efficient solutions that improve the quality of life of patients. Since 2022, the theme of the concours has been “[Improving the quality-of-life of dermatological patients](#)”.

### ➤ What does QOL mean for La Roche-Posay?

Quality of life is an [integral consideration](#) encompassing subjective factors such as the patient's experience, behavior, and burden of disease. It represents a [state of wellbeing across emotional, physical, social, and functional dimensions](#). In that mindset, we believe that the most effective management strategies aim not only to cure the disease or minimize skin symptoms but also to improve patient's QoL, at the earliest possible stage. Assessment of the patients' QoL has become an important endpoint in clinical trials in addition to the traditional clinical outcomes.

## ➤ What does QoL mean to dermatologists?

QoL is becoming increasingly important in dermatological research, and in dermatologists' daily practice. Derms consider QoL through **patient-reported outcomes** capturing **symptoms** (itch, pain), **functional limitations**, **emotional distress** (embarrassment, anxiety) and **social impact** (isolation, stigma). This patient-centric approach emphasizes shared decision-making between physician and patient, tailoring treatments to maximize both clinical effectiveness and QoL improvement.

Research projects focusing on QoL in dermatology should incorporate **validated instruments**, however projects can also suggest **new ways of measuring patients' outcomes** in dermatological care.

Reminder that projects submitted can span **any dermatological area** (oncology, pediatrics, acne...) but must demonstrably improve patient reported outcomes relevant to daily life, emotional well-being, or social functioning.

Example of Validated instruments to measure QoL outcomes incorporated into research projects:

- **DLQI**: 10 questions covering various aspects of QoL affected by skin condition.
- **PUSH-D**: Patient Unique Stigmatization Holistic tool in dermatology. <sup>1</sup>
- **Skindex-16, Skindex-29**: measures symptoms and perceptions of toxicity, categorizing into 3 scales: symptom, emotional and functional.
- **Disease-specific questionnaires**

1. <https://pubmed.ncbi.nlm.nih.gov/36201355/>

Example of ways of managing QoL:

- **Interventions within the dermatology service** (multidisciplinary teams, patient education, tele dermatology...)
- **External services** (Balneotherapy, physical therapy...)
- **Psychological** (cognitive therapy...)
- **Lifestyle** (lifestyle behavioral changes, photoprotection...)
- **Innovative scientific approaches** (Psychoneuroimmunology research, personalized medicine, Gut-Skin axis...)

### ➤ **What are the criteria to evaluate the proposal?**

Applications will be assessed based on an objective grid taking into consideration four parameters:

1. Relevance to the subject (quality of life) and originality of the project.
2. Quality of the application including clarity of the objectives, information provided, research and methodology and the overall quality of the presentation of the project.
3. Project feasibility including scientific expertise of the applicant and the team, ability to conduct the project, planning and financial plan.
4. The impact of the project in the field of dermatology; relevance to quality of life, and potential positive impact on patients' quality of life

Please note that **projects involving animal-testing will be rejected**, as stated in the complete Rules&Conditions PDF (available on the website: <https://researchgrants.laroche-posay.com/article/4>)

### ➤ **How do I know that I am eligible?**

1. The applicant must be a **dermatologist**. However, the medical team involved can be part of other specialties.
2. The applicant must be **under 40 Y.O.**, as we seek to encourage the next generation of dermatologists.
3. The applicant has **never received a LRP Research Grants** previously.
4. The applicant can only apply for **one project/year** as lead dermatologist, but he can be part of other projects' team.

### ➤ **What are the deadlines?**

Applications portal will be open from January 15<sup>th</sup>, 12 P.M to May 31<sup>st</sup> 2025, 12 P.M

➤ **What document should I provide ?**

Detailed presentation of the project

- Summary
- Clinical impact
- Detailed financial plan

Information of applicant

- CV
- List of publications
- Medical team involved

Affidavit no previous grant

Our past awarded projects showcase a diverse range, from clinical observational studies to immunodermatological research, encompassing core LRP areas of interest (such as eczema, oncology and photoprotection), as well as less explored areas such as rare genodermatoses.

All projects' submissions are encouraged, provided they adhere to the previously mentioned criteria.

➤ **What is the roadmap ?**



- **For other Frequently Asked Questions, please refer to :**  
<https://researchgrants.laroche-posay.com/faq>

## PAST WINNING PROJECTS AND HOW THEY ALIGN WITH OUR REQUIREMENTS

### INTEGRATING ONE-ON-ONE NURSE-LED ECZEMA EDUCATION INTO DERMATOLOGY OUTPATIENT CONSULTATIONS ENABLES PATIENT OUTCOMES, SELF-EFFICACY SKILLS AND PATIENT/CARER SATISFACTION: A PILOT STUDY – 2024 – [ECZEMA](#) / TEP

This project proposes a unique care model integrating dermatologist consultations with dedicated nurse-led patient education (=offers a practical solution), aiming to empower patients and improve self-efficacy in managing their eczema (=focuses on patient's empowerment, relevance to LRP's mission), Eczema necessitates extensive patient education for effective management, however the current healthcare model struggles to provide sufficient time for this education, especially in regional areas where access to dermatologist is limited (=addresses a significant unmet need). The study will evaluate this model's impact on patient outcomes, satisfaction, and potentially influence healthcare policy decisions (=short-term visible results, but potential for broader impact).

### VITILIGO, SLEEP AND QUALITY OF LIFE: THE ROLE OF PHOTOTHERAPY AND INFLAMMATORY CYTOKINES IN THIS RELATIONSHIP – 2024 – [VITILIGO](#) / IMMUNODERMATOLOGY

The aim of the research project is to investigate the possible clinical and biological correlations between vitiligo, QoL and sleep, examining the role of phototherapy and inflammatory cytokines (=strong scientific rationale). by undertaking a prospective study using specific questionnaires and serum component analysis (=Well-defined methodology), the project expects to demonstrate that phototherapy improves sleep and quality of life in vitiligo patients, potentially by influencing circadian rhythms and immune markers (=investigates a novel mechanism but still offers potential for improved patient care, in a holistic approach).

### QUALITY OF LIFE IN PATIENTS WITH MORBUS DARIER AND MORBUS HAILEY-HAILEY – 2022 – [RARE GENODERMATOSES](#) / MULTIDISCIPLINARY CARE

This project is focusing on patients suffering from rare skin diseases: Morbus Darier and Morbus Hailey Hailey. These pathologies terribly affect their quality of life with intense itching, pain, burning sensations (=Addressing the psychosocial burden),. The LRP Research Grants will allow to organize supportive medical events with psychologists, wound managers or surgeons (=Multidisciplinary approach that goes

beyond dermatological expertise) to support these patients who are often forgotten and suffer a lot (=Underserved patients, tangible impact of the grant)."

#### PHOTO-PROTECTION: QUALITY OF LIFE AND SUN PROTECTION BEHAVIOR IN ORGAN TRANSPLANT RECIPIENTS WITH SKIN CANCER – 2023 – SKIN CANCER / PHOTOPROTECTION

The study aims to investigate the quality of life and sun protection behavior in organ transplant recipients with skin cancer (=unprecedented topic, but high-risk population, emphasis on quality of life). They plan to recruit 50 transplant recipients with a history of skin cancer and evaluate their quality of life at regular intervals (=practical and impactful intervention, clear methodology, measurable outcomes). The study seeks to understand the impact of education and sunscreen on quality of life in this high-risk population. (=short term results, but potential for prevention)

#### RARE DISEASE: IMPROVING QUALITY OF LIFE IN INDIVIDUALS LIVING WITH NEUROFIBROMATOSIS TYPE 1 BY DEVELOPING A DEDICATED HYBRID PATIENT EDUCATION PROGRAM – 2023 – RARE DERMATOSES / TPE

The goal of this project is to enhance the patient education program for individuals with Neurofibromatosis 1 (NF1) (=Focus on a rare disease, understudied area), by introducing hybrid sessions to increase participation. The project aims to combine in-person sessions, e-learning modules, and webinars to reach a wider population, including those with mobility disabilities, work constraints, and geographical limitations (=innovative and inclusive approach to patient education). By incorporating these adaptations, the project seeks to improve the quality of life for NF1 patients (=patient-centric, clear endpoint).